

Patient Care Recommendations for the Tupelo Appliance

Clean your Tupelo appliance after wear and before storing it in its container, and after meals if possible. A soft toothbrush and non-abrasive toothpaste should be used. You should soak your appliance overnight with Polident tablets, the only denture cleaner that will not harm your appliance. Do not soak your Tupelo in mouthwash that contains alcohol, as it could damage the plastic or cause discoloration. Do not use hot or boiling water for cleaning, as it may damage the appliance.

When inserting the Tupelo, make sure you have the correct path of insertion. Apply light even pressure until the appliance is seated correctly, as demonstrated by your dentist at delivery time.

When removing the Tupelo, do not use the clasps. Instead, grasp from the temporary tooth or teeth and gently remove, or use your fingernail to gently pull it away on the lip-side of the temporary tooth or teeth. Once removed, do not twist, bend, flex, or torque, as it may damage the appliance.

In order to retain a constant fit, the Tupelo should be worn a few hours daily. Do not clench and grind on the appliance. **DO NOT WEAR THE APPLIANCE WHILE SLEEPING.** When the appliance is not worn, store it in its container away from extreme heat or sunlight, as well as pets that can damage it.

Do not chew directly on the Tupelo, as your chewing force could damage it. Sticky foods such as gum, caramel, or taffy should be avoided as it could loosen the fit.

While engaging in contact sports, snorkeling, scuba diving, playing musical wind instruments, etc., the Tupelo must be removed.

If you experience any ulcers or irritated gum tissue, see your dentist for an adjustment of the Tupelo.

Bring your Tupelo to every dental visit.

The purpose of the Tupelo is to enhance his or her appearance. It is comfortable to wear, difficult to detect, and allows the user to speak and drink normally. The Tupelo can be worn whenever the user wishes to feel more confident, and more attractive about their appearance. The most important aspect of the Tupelo is to retain the space of the missing tooth for future dental work.